

## How to.... Calculate your Numerology Numbers!

### Life Path Number:

By far the easiest and the most important numerological calculation you will want to make will be the life-path number. This is the number of the prime energy at birth and will be the primary focus of what you will be working on bringing in to balance in your lifetime. This number may make a lot of sense out of some life lessons!

The sum of your date of birth makes up your life-path number. For example if you were born on the 4<sup>th</sup> of August 1979 you would calculate it as the following:

$$4 + 8 + 1 + 9 + 7 + 8 = 37$$

Then we add the 2 digits of the 37 together: 10.

If this number is not in the single digits or adding up to a master number (e.g., 11, 22, 33) then we add it together again:  $1+0 = 1$

This would give our 4<sup>th</sup> August birthday a life-path of 1.

### Your Personal Year:

To find which part of the 9 year numerology cycle you are currently in you need your date of birth minus the year and the current year you are in. For instance if someone was born on the 7<sup>th</sup> of September 1969 and they were working it out in December 2017 they would calculate the following:  $7 + 9 + 2 + 0 + 1 + 7 = 26$ . Then we add the 2 digits of the 26 together:  $2 + 6 = 8$ . This would make this person be in a personal year of 8.

*(More information about the individual personal years is in another pdf.)*

### The Numerology of your Name:

Doing a numerology reading of your name is most accurate when the first officially recorded birth name is used. Obviously this can muddy the waters for some but the strongest reading will be from this name even if it hasn't been used since early childhood. However different names do carry different energies and even a marital change of name will show you what energy you will be triggered to work with now, even it's not the primary drive.

To calculate our name in numerology we first need to have to hand an alphabet diagram of words that corresponds to their number values. Next you need to write out your full name including any middle names. By adding all the numbers from all the letters we will learn our Soul Calling (or destiny) number. This not where the story ends though! We can then look at the numbers of the consonants and the vowels which are known respectively as the Essence (or

personality) and the Projection number. After this we can also see if there are any missing numbers, which indicate karmic lessons, or compound numbers, which indicate helpful energy.

Below is an example of how this is worked out:

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z  
 1 2 3 4 5 6 7 8 9 1 2 3 4 5 6 7 8 9 1 2 3 4 5 6 7 8

**Jane Ann Doe**

1+1+5+5+1+5+5+4+6+5 =38 > 3+8 = 11 (Soul Calling)  
 1 5 1 5 5 4 =21 > 2+1= 3 (Essence)  
 1 5 1 6 5 =18 > 1+8=9 (Projection)  
 Missing numbers= 2,3,7,9  
 Compound numbers= 1,5

Adding all the numbers from all the letters adds up to an 11 which is a master number so it will not be added together to reduce down to a single digit. Therefore we have discovered from this that our Jane Ann Doe would have a Soul Calling number of master number 11.

By adding all the consonants together we find out that she will have a number is 3.

By adding all the vowels together we find out that she will have an Essence number of 9.

The soul calling number is what you are driven towards. The projection number is how the world perceives you (or sometimes what you fear about yourself). The essence number is your true nature.

If you want to discover more you can look at the numbers that comprise your name to see if any are missing. With our Jane Ann Doe the numbers 2,3,7 & 9 are missing. These missing numbers indicate 'karmic lessons' or in other words issues that will challenge us to bring out this energy to positivity. So to take the missing 2 as an example with the '2' energy being about co-operation and communication this individual may feel challenged by teamwork or alternatively find it hard to speak her truth.

If we look at the compound numbers within this name we notice there are 5 fives and 4 ones. This means there will be a strong force of the energy of 'independence' in the 1 and 'freedom' in the 5. So for Jane Ann Doe using her independence and freedom constructively will help her find a way through her challenges.