

## The Personal Years

Numerology runs in 9 year cycles with each year having a specific energy. This energy is called your personal year. It can be calculated by taking your date of birth and replacing your year of birth with the year you live in. The energy of the number in your personal year will be reflected throughout this period of your life.

*Please be aware this energy can express positively or negatively depending on how your numerology and how your life is impacted.*

Personal Year 1:	The Year of New Beginnings, Generation & Energy
Personal Year 2:	The Year of Development, Relationships & Collaboration
Personal Year 3:	The Year of Social and Creative Growth & Inspiration
Personal Year 4:	The Year of Self-discipline, Work and Order
Personal Year 5:	The Year of Freedom, Changes & Adventure
Personal Year 6:	The Year of Home, Service & Responsibilities
Personal Year 7:	The Year of Research, Contemplation & Self-development
Personal Year 8:	The Year of Power, Reward & Recognition
Personal Year 9:	The Year of Completion, Letting go & Transformation

When the numbers from your birthday and the year you are in add up to 11 or 22 they are not to be reduced down as they are master numbers. This may happen on one or two occasions in your life. These can be high energy years.

Master Number Year 11 ~ The year of Heightened Spiritual Awareness

Master Number Year 22 ~ The year of Golden Opportunity